



St Catherine's Hoddesdon VC Primary School

Relationship Education and Sex and Relationship Education Policy

March 2020 – Reviewed March 2022

This policy should be read alongside our Child Protection Policy, Behaviour Policy, Keeping Children Safe in Education

Introduction

As part of our school vision, 'We aim to develop independent children who are equipped for the world they are living in, prepared for the challenges of the future and who strive for excellence in all they do.....'

We seek to nurture children who appreciate the richness, diversity and potential of the world beyond their own, including their responsibilities within it...'

We have based our school's relationship and sex and relationship education policy on guidelines set out in the Relationships Education, Relationships and Sex Education and Health Education statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers 2019.

Relationships Education focuses on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults. It also includes teaching the principles of positive relationships online and how to recognise and report abuse. At St Catherine's, relationships education is taught by class teachers through both the Jigsaw PSHE scheme and the Christopher Winter Project materials. Online safety is also taught as part of the computing curriculum.

Sex Education is not compulsory in primary schools, although teaching about relationships and health must be covered. At St Catherine's, we have chosen to teach SRE through the Christopher Winter Project that delivers a sex education programme tailored to the age and physical and emotional maturity of our pupils. It includes teaching about caring for ourselves, changes, differences, staying safe, growing up and puberty, relationships and reproduction. Parents have the right to request that their child be withdrawn from some or all of sex

education (but not Relationships or Health Education) delivered as part of statutory RSE.

The teaching of SRE will be completed during the summer term and is taught from Reception through to Year 6 following the Christopher Winter Project (CWP) resources. Families will be invited to school annually to find about what is included within the SRE lessons that their children will receive.

The CWP programme of study comprises of three stand-alone lessons which are year group specific. The CWP scheme of work builds on learning from previous years and revisits topics each year to cover them in greater depth. It includes lesson material on topics such as keeping clean, families, gender differences, personal space, puberty, relationships and many other topics.

In Reception there is a focus on daily routines, keeping clean and families. From Year 1 children will learn the names of the body parts, the differences between males and females and the ways in which they will develop and grow. Importantly, they will also learn to recognise unsafe and risky situations and to ask for help.

The curriculum continues to develop their knowledge and skills as they learn about the physical and emotional changes of puberty and about reproduction. In Year 6 children will receive an extra lesson on internet safety and communication in relationships.

Physical Health and Mental Wellbeing teaching aims to give children the information they need to make good decisions about their own health and wellbeing. At St Catherine's, teaching staff teach this through the Jigsaw PSHE scheme (please see themes and content below). These themes are considered each year with age related resources to support their development.

Within the national curriculum, certain aspects of body changes, e-safety and physical wellbeing are covered within science, computing and PE.

Content of Relationships and Sex and Relationships Education taught at St Catherine's

Jigsaw PSHE Scheme YR – Y6 – 'It brings together PSHE Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning'	
Autumn	Being Me in My World
	Celebrating Difference
Spring	Dreams and Goals
	Healthy Me
Summer	Relationships
	Changing Me

Christopher Winter Project YR – Y6 – ‘Each resource contains everything a school needs to deliver a comprehensive programme of RSE’		
EYFS	Our Lives	Our Day, keeping Ourselves Clean, Families
Y1	Growing and Caring for Ourselves	Keeping Clean, Growing and Changing, Families and Care
Y2	Differences	Differences: Boys and Girls, Differences: Male and Female, Naming Body parts
Y3	Valuing Difference and Keeping Safe	Differences: Male and Female, Personal Space, Family Differences
Y4	Growing Up	Growing and Changing, What is Puberty?, Puberty Changes and Reproduction
Y5	Puberty	Talking about Puberty, male and Female Changes, Puberty and Hygiene
Y6	Puberty, Relationships and Reproduction	Puberty and Reproduction, Understanding Relationships, Conception and Pregnancy, Communication in Relationships

Assessment

Within the Jigsaw scheme, there are end of unit assessment resources to enable teachers to determine any areas that may need clarification or further development.

As part of the Christopher Winter Project, each year group has ‘problems’ that relate to the content of the sessions, that children answer to show their understanding of what has been taught.